

# YOUTHINK

## MELBOURNE

### THIS EDITION

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### SUPPORT

Australian Coronavirus hotline number: 1800 020 080  
 Beyondblue: 1300 22 4636  
 Butterfly foundation: 1800 33 4673  
 Kids Helpline: 1800 55 1800  
 Lifeline: 13 11 14  
 All these services are available 24/7

### A brief introduction...

**Hi everyone and welcome to the first edition of YOUTHINK Melbourne! Firstly on behalf of the YOUTHINK Team I would just like to thank you for reading this and supporting us.**

YOUTHINK is a student-run, virtual newspaper branching across multiple schools within the City of Melbourne. The monthly local paper is a collaboration of students in the area and we aim to reach all youth in it. With a community and youth focus, the paper educates, entertains and provides a safe space for young people to share their passions in a safe virtual environment!

**Our intention** is to create bonds and partnerships across our community between young people. We hope that by providing a space to collaborate and share ideas, we will strengthen as young people. During this pandemic, as a society, we have realised and discovered so many opportunities, needs and alternatives that exist and we hope to make sure that these learnings go somewhere once the pandemic leaves us. The importance of community, trust and knowledge have been abundant in these past few months and we encourage them to be for months to come. We want to fill the gaps that mainstream newspapers miss and ensure information is accessible and understandable to all. Mainstream newspapers cater to a different audience which is reflected in the lack of relevance and approachability in relation to youth. At YOUTHINK we hope to change that.

**Our story** is more than just us or just the people involved today. It took me awhile to get here and it took much more than just me. This idea was birthed from another school-based student newsletter I was involved in, that was created to connect and educate people during COVID-19. However, I guess you could say I wanted more and someone switched the little light bulb on inside my head and I decided that the paper needed to include others. And then somebody informed me of a student based newspaper called Ascolta that ran in the 70s in Brunswick. It branched across multiple schools in the area and was published, by hand, in multiple languages for the whole community. That's when the idea fully took form. We started small, two, three schools at first but I'm proud to say we now have six onboard! After a few meetings, we started getting in contact with school communities shortly after, receiving content which brings us to now! We are so happy to come this far and cannot wait to continue growing!

**FOR INFO ON HOW TO GET INVOLVED LOOK [HERE](#)**

## Coronavirus Update

as of 9 pm 2.8.20

Louella Breach, MGC

A quick preface: Reading about the coronavirus can be alarming and upsetting, please take care of yourself and skip this article if you feel stressed or anxious when reading restrictions or statistics. Stay safe!! The 2nd of August 2020, marks an immense changing of restrictions for the state of Victoria, both in metropolitan Melbourne and regional areas.



In the 24 hours of August 2nd, there were 671 new confirmed coronavirus cases in Victoria. This brings the active case numbers to 6322, here in Victoria. The Victorian death toll now sits at 123, whilst the national toll has now, tragically, surpassed 200. In response to these numbers, as well as growing fears and tensions within the community, new restrictions have been announced, to be implemented over the next week. Additionally, a State of Disaster has been declared, an increase from the previous State of Emergency which had been in place since March 16th 2020.

### These restrictions include:

Metropolitan Melbourne will be under Stage 4 restrictions from 6 pm 2.8.20. The details and implications are below.

Regional Victoria (including Mitchell Shire) will be under Stage 3, Stay at Home, restrictions from 11:59 pm Wednesday 5th of August.

A mandatory curfew in Metropolitan Melbourne. An 8 pm - 5 am curfew is in effect every evening from the 2nd of August. During those hours, you may only leave your home for work or essential health, care or safety reasons.

### Which restrictions are still in place:

All Victorians are required to wear a face-covering outside their homes from 11:59 pm Sunday 2nd of August, except where a lawful exception applies.

### What is a "State of Disaster"?

The State of Disaster is authorised by the State Premier depending on recommendations made by the Emergency Management Commissioner. You may recall the State of Disaster was also declared during the bushfire crisis earlier this year. January was the first time it was ever enacted, since its legislation in 1986 as part of the Emergency Management Act. The Premier, Daniel Andrews said this of the COVID-19 pandemic, "This is a public health bushfire, but you can't smell the smoke and you can't see the flames. This is very different, it is a wicked enemy." Under this

act, the government has much clearer legislated authority which enables them to enforce curfew and borders. It also gives police and other emergency services the power to enforce these restrictions. Previously, police officers were required to be accompanied by health department officials during compliance checks, now the state of disaster has made them authorised officials so they can now conduct these checks independently. The ADF (Australian Defence Force) are not given any increased powers under this act. The State of Disaster can only remain for a month after it is declared, although it another announcement of the same restrictions may be made before the time expires.

### What is Stage 4?

Stage 4 refers to a level of restrictions implemented by the Victorian State Government in response to increased cases and high infection rates during the second wave of the Coronavirus (COVID-19) pandemic. Under these restrictions you may only leave (with a face-covering and remaining physically distant) your home of one of five reasons:

- Work, all study, including schools, have moved to online/remote learning where possible. Those who can work from home must do so.
- Personal, including leaving your house in an emergency, visiting an "intimate partner" and shared parenting arrangements.
- Care and healthcare, you can attend medical appointments, receive healthcare, care for an elderly or sick relative, take a pet to a vet or accompany someone for medical treatment IF you are their parent/guardian or support person.
- Exercise. It is essential to note these restrictions have changed from Stage 3. It is limited to one hour, once a day, within 5km of your home. You may exercise with one other person as long as neither of you leaves the 5km from your home and remain strictly

physically distant.

- Essential goods and services. One (1) person per household, per day, can shop for necessary goods and services within 5km of the home. For most of us, this will mean a parent shopping at the nearest supermarket. Where there is no essential goods provider within 5km, you may travel to the nearest provider.
- More information is available here:

<https://www.dhhs.vic.gov.au/updated-restrictions-announcement-2-august-covid-19>

### Why now and not in March?

The State government is implementing the curfew, stage 4 restrictions and the State of Disaster to control the spread of the coronavirus from Melbourne to other areas, and between infected areas within Melbourne. This short-term "hard lockdown" will save lives by stopping the spread of the virus, especially to vulnerable communities. Some are concerned that it will have an unexpected effect on the economy while many jobs may be lost. Many believe this lockdown is for the "greater good", namely the lives of their friends and neighbours.

Here are some sources and important links:

[DHHS COVID-19 page:](#)

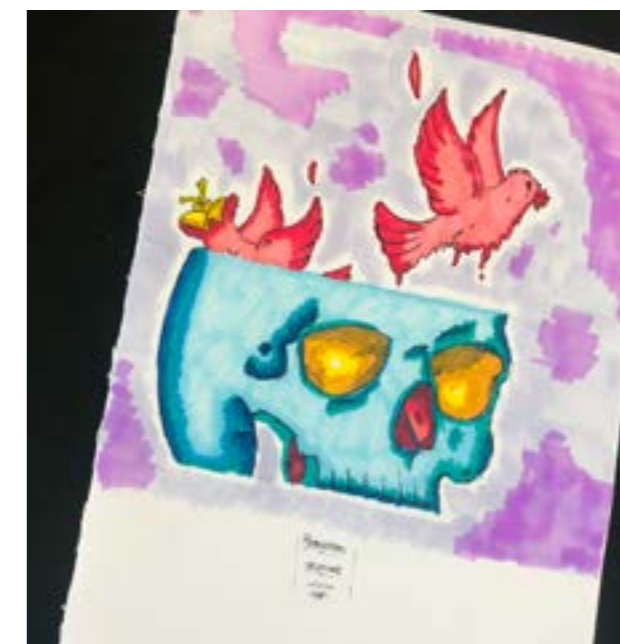
[ABC News on the State of Disaster:](#)

[ABC Article on face-mask "do and don'ts" \(from July\):](#)

Remember who we are protecting during this difficult time. It's also okay to feel the loss of the limited freedom we enjoyed under Stage 3/ Stay at Home. Stay safe!!

## UP AND COMING YOUTH ARTIST: ALEX BRASSINGTON

Hi,  
My names Alex, I'm year 10 at scotch and I make street art. I make prints and paintings that are inspired by urban/street art. I gain a lot of my inspiration for my art through the graffiti around Melbourne and from graphics on the bottom of skateboard decks. Vivid colours and bold outlines are a major part of my art as-well as realistic and surrealistic concepts (as seen below), my instagram is @brassers.art, Thanks,  
Alex



## Racism Across Countries

**Hannah Benhassine**

My dad is from Tunisia. Most people don't know where that is, so I simply say he is from a small country in the North of Africa. Islam was heavily engrained in his way of life and it remains largely the same today. He grew up on a farm in a rural but lively town called El Alia. Out of necessity, he worked on the farm every day after school. Although difficult, he had to find a way to balance the two. His family of 6 siblings and 2 parents all shared one room. Simple things such as eating a yoghurt or hanging out with friends were considered luxuries. He had never travelled overseas and all he had ever known was the little town to which he was born in.

He ended up finishing high school and he went on to study at a university in the capital of Tunisia. As time goes by, he recognised the lack of opportunity within Tunisia and he wanted to find a way to better support his family as the eldest son. So, he saves for months on end and heads to San Francisco in the US.

The United States was like nothing he had ever experienced before. He began working as a taxi driver and in one day would make what his family made in a month. He was hit with a range of cultures, beliefs and backgrounds all coming together into one sprawling environment. He was not viewed as different but simply as an individual. It was eye-opening. My dad noticed very early on, that people in San Francisco made a conscious effort to go against racism in every regard. During his time there, he experienced one minor incident, but other than that his experience was largely untainted.

After living in the US for quite a few years, he met my mum and eventually he moved to Australia with her. He noted upon arrival that it was a beautiful country with

great economic prosperity and in that regard like the US. However, he quickly noticed that racism would become a continual part of his life and after living here for almost 20 years now, not much has changed. From various work environments to informal interactions with strangers, racism is a normality for him and simply something he has just had to accept.

My dad describes the racism he has experienced within Australian as often 'quite subtle' and used in a 'jokingly way'. People make comments that appear to be unharmed yet at the core are racist and hurtful. He decided to yet again drive taxis. He was frequently abused with racial slurs and was told the ever so well known, 'go back to where you came from' phrase. He felt angry. He felt unwanted. He felt hopeless. All my dad could do was try and stand up for himself. In another incident, at a work party he and his work colleagues were told to play a song that they loved and that they felt represented their culture and background. Dad played his favourite Arabic song. People started questioning him, the lyrics and the 'validity' of the song. He remembers one woman asking him 'is this a terrorist song?' and exclaiming 'we need to close all the windows so the neighbours can't hear this music!' out of fear that it may cause an 'incident'. In a situation that was an attempt at celebrating diversity and cultural backgrounds, what occurred instead was a mass backlash leading to my dad feeling attacked and isolated.

There is a culture of racism in Australia that relies on subtlety and



ignorance. Purely because my dad lived in such an open and diverse area in the US the people were willing to speak up about racism and so as a result, it rarely occurred. Although, racism has no bounds. San Francisco is for the most part is an exception and is considered to be the Mecca of liberalism and unity in the US. My dad was lucky. So many others aren't. There shouldn't have to be a Mecca of liberalism or an exception to a rule, all people, no matter where they are located should feel a sense of security as well as feeling proud of their background without receiving backlash.

As a country, we pride ourselves on our diversity, yet so much of Australia is built on the oppression and lack of acceptance towards people deemed as different to our own. We must combat the underlying sense of racism in Australia. Whether it's in the form of a joke or more overtly, yet mainly ignored or put to the side. Just because a behaviour is accepted amongst a group of people, does not mean it is right. Understand that although you may not experience racism, it does not mean that it does not exist. Complacency and a 'I have no impact' attitude are what leads to a lack of change. All voices matter. Recognise it, confront it, and create a change not just within yourself, but within others, from your family to your inner community and to wider Australia as a whole.

## Skateboard Trick: Ollie

**Dameth H**

An ollie is generally one of the first tricks that people learn on a skateboard and is an essential basis for many more advanced tricks like kickflips. However, before learning an ollie it is important to be able to comfortably ride and steer your skateboard. An ollie consists of three main steps which are the crouch, pop, and the slide and level. Start off like shown in the picture with your back foot positioned on the edge of the tail of the board and your front foot positioned roughly on the middle of the board.



You should practice each step separately for your muscles to get used to the motions and then slowly progress to combining all the steps together into one fluent motion.

Key tips:

- It is very helpful to record your attempts on a slow-motion video to see which steps you're not doing correctly or you're not doing enough extent
- It is important to get the timing correct between the pop and the slide; you should begin to slide your foot when you hear the tail of the board hit the ground
- When you land, it is important to try and land on or near the bolts of the board (where it is strongest) so that you do not risk cracking or breaking your board

Common mistakes:

- Many people do not pop the tail properly by either pressing their heel of their foot down or by pressing their foot instead of doing a quick kick down which is essential in getting the board up
- People do not slide the front foot up and then push forward enough and the less they do it, the less the board levels and the lower the back of the board raises

It is important to keep in mind that you will get frustrated in the process of learning this trick and it depends on your commitment and your persistence in practice to achieve it. The more you practice the more your muscles get used to the motion and the more refined your technique looks. After learning this trick, you can try ollie whilst moving and jumping small obstacles, gradually increasing the height of your ollie. Check out this video for a more in depth explanation for an ollie, which I found very useful in learning this trick and which is where I got the photos above. Practice safely and good luck.

## GOOD NEWS STORIES

Written by Lily Werthimer



Sean Howison, a Year 7 student at Wodonga Middle Years College, created 3D-printed coronavirus face mask extenders in order to raise funds for bushfire victims. Beginning their production in February, Sean has already sold more than 500. Selling them for \$1 each he is donating all of the proceeding to Fencing for Fires, a bushfire recovery organisation. This initiative based in Wodonga assists farmers whose homes, fences and equipment were destroyed by the flames. With some occasional support from his family, Sean mainly creates the masks by himself. Brook Darby works at Wodonga Middle Years and teaches Sean maths. "We're so impressed and proud!" she said. "He is a very caring person and to see him put that out into the community is really heart-warming." Ms Darby thinks that Sean's initiative says a lot about the school and broader community in Wodonga. "I think it's an example of the kind of people we have here," she said. "Everyone's got something, and this is Sean's thing. I love it!" Currently, Sean is using a 3D printer he bought in Albury and is waiting on the arrival of a second printer from Melbourne. Production is continuing to move along, and his community couldn't be more grateful for his services.



Janet Thomas set a goal to walk from Melbourne to Perth with her beloved companion, rescue dog Jack, in the name of charity. Despite border controls and isolating in each state, she committed to finishing the 3,480km long journey across Australia. Setting off from Melbourne's Federation Square in March, just as the Victorian Government started reporting a low number of COVID-19 cases in the city, The Animal Aid Abroad founder and her companion began their trip. However, the journey came to an abrupt halt when Ms Thomas reached Port Campbell, with the state announcing it would impose travel restrictions. Altering her original plans, Ms Thomas stationed herself in Warrnambool for nearly five weeks until the crisis settled, making sure to regularly exercise in isolation to make up for the 61 kilometres she missed between Port Campbell and Warrnambool. "Then the Victorian Government lifted the lid on travel, so we could move again, but we still weren't allowed to camp. Luckily, I did a lot of walking around Warrnambool over the five weeks in case there was a hiccup along the way, and I had enough kilometres banked up my sleeve," said Janet Thomas. But, a few weeks later she managed to start her journey again from Mount Gambier, following South Australia's COVID regulations once crossing the border. After being mindful of the new changes being made, she's continuing on her way to finishing what she started and currently is nearing the Western Australia Border with her rescue dog, Jack, accompanying her every step of the way.



Year 11 student, Bryce Hagen's homemade bow tie business took a big hit when functions and large-scale events were put on hold at the height of the coronavirus pandemic. However, thanks to his innovation and determination, he moved the business online, offering delivery services and started promoting his business on social media. "I would like to continue it after I leave school, you know, dreaming large and wanting to open up a shop front." Bryce said the pandemic had also pushed him to use online platforms to sell his Product, expanding business and teaching him some valuable new skills. "I've learnt to post through Facebook pages, which has gotten my business out there and all-around Australia," he said. Bryce learnt how to sew via YouTube videos when he was 13 years old, then soon after started his business because of how much he enjoyed it. Going the extra mile to make sure he's using homegrown materials, he said he had sold hundreds of ties and thousands of bow ties. "I get a lot of my materials from people who design their own fabric in Australia and who make it and source it in Australia," he said. The 16-year-old is also trying to complete his HSC during the pandemic, and said schoolwork came first. "I try to manage my time as best as possible," he said. Juggling his HSC's and growing business, Bryce is an inspiration to all for his quick thinking and ability to adapt under new extremes.

## Radio Control Cars: The story of a hobby

by Elan Diamond

One of my favourite hobbies that started three years ago was radio control cars. The hobby technically began when I purchased a toy grade car. It wasn't long after when I was running down a hill that I stepped on the right wheel of the vehicle and it broke. After some unsuccessful glueing, I realised that I needed to look elsewhere to properly get into the world of RC cars.

Below: K&N Torment



The year was 2017. I had just arrived at a proper hobby store that was about to spark a new passion. After some research, I had arrived at my answer to getting into the world of RC - An orange hobby-grade short course truck. The vehicle was designed for "bashing", meaning you could take it anywhere and do anything and you weren't confined to specific locations. Just like all the other RC vehicles me and my friends have ever bought, this vehicle was 1:10 scale - meaning it was one-tenth the size of its real-life counterpart. The K&N Torment, as it was called, was a 50 km/h rear-wheel drive machine that was ready to go out of the box for little over \$300. It

could endure many off road and on road environments - you could drive it pretty much anywhere. Although it was powered by a slower brushed electric motor with an inferior nickel-metal hydride battery pack under the bodyshell, it still packed a punch and was a great choice to get into the hobby. After driving the K&N Torment through parks, skateparks, dirt jumps, so many different places - the brushed motor couldn't keep up due to its cheap build quality, and it got burnt out and stopped functioning.

(Simply put, it died.) It was now very apparent that this

hobby was not only immensely fun, but also expensive. Over the years, my friends and I would spend a lot of money on maintenance, tools, parts, electronics, accessories, mechanics, new vehicles, you name it. After purchasing a new brushless motor that came with an electronic speed control (the small onboard box that controls speed, steering, remote control receiving and more), the car went so much faster than before and had much better reliability and extended use, especially with a new Lithium-Polymer (Li-Po) battery pack. The Torment was brought to life. Late in 2018, another problem arose - the steering. The remote control's steering wheel seemed to be busted. Similarly to the motor, the remote was of bad quality and the wheel mechanism wasn't very responsive - in fact it leaned the car to the right. After dismantling it and attempting to centre the mechanism, it was apparent that the remote wasn't meant for that kind of repair - it was worn and couldn't be fixed.

The other part of the problem was the servo, the mechanical box that controlled the steering onboard the vehicle.

After upgrading both items, the problem was eventually fixed up and the K&N Torment was driving as good as ever. With the Torment still going to this day, I was fully introduced to RC bashing through my own vehicle, my friends' vehicles and all sorts of other radio control cars I saw online. 3 years of RC experience has prepared me for my next off road bashing vehicle. But the hobby had more than one aspect. In 2018, I was introduced to something completely different to bashing. It was a whole different side to the world of radio control: Racing.

## Cecily Suggests

Welcome to my suggestion corner. Every edition I will be adding something new to the suggestions.

### Let's Start off with Books:

The best thing in life for me is when it's a rainy day, you snuggle down with a good book, and just get lost in a world of magic, horror, romance etc. Today's theme for my book suggestions is Books made into movies. I will be talking about the book and a little bit about their movies as well.

#### • The Hobbit

If you are a Harry Potter fan and are looking for another whimsical book with a bit more adventure in it, this is the book for you. It has quite a compelling plot that will drag you along as soon as you start reading it. Written by J.R.R Tolkien, this book has a great sense of adventure - not just in the plot but also the characters - because of that this book is a really good one to take with you when you are traveling or on vacation. The movie to this book is even more magical. The settings are gorgeous and the effects are just quite spectacular, the animals are very whimsical. I will say that sometimes the movie is quite dark so if you were going to watch this make sure that the little kids are out of the room at the time.

#### • Murder On The Orient Express

The next book is a classic novel written by Agatha Christie. A thrilling story full of suspense, this novel will keep you second guessing the whole time. Another great travel novel starting off in Turkey and traveling on a train all the way to Croatia. Just like The Hobbit this book has a plot and characters that will pull you deep into the story. The book was written in 1934, and the movie was made in late 2017. Also like the Hobbit, this book is a bit dark sometimes. More in this book since there is a much darker plot and there is murder in this book and the movie.

### Movies:

Welcome to my movie suggestions. Just like the book suggestions it will be something new every time. So today's topic is A Step Back In Time - classic movies that I love and I hope you will too!

#### • The Lady Killers

The Ladykillers is a 1955 British black comedy crime film directed by Alexander Mackendrick for Ealing Studios. It's all about a grand plan to steal a whole case of money that was arriving in the train station protected in London. With our main bad guys. A group of guys who trick a little woman into thinking they are a band needing somewhere to practice. It just happens to be that this little old lady is renting out one of the rooms in her house, and the gang need somewhere to plan out this master plan. I really don't want to spoil too much of it. It's a really great movie in comedy with a bit of action and seeing if the old lady finds out what's going on in that rented room of hers. This has a remake with Tom Hanks, but I seriously don't suggest watching it. The originals are way better and they can never be remade.

#### • The Importance Of Being Earnest

The story takes place on 14 February 1895. It is about two gentlemen pretending to be people other than themselves. Interwoven in their storylines are two romance-stricken ladies, each possessing an unusual allegiance to the manliness of the name Ernest. Londonman-about-town Jack Worthing, who hides behind the name Ernest, is an aristocrat from the country with uncertain lineage. His friend, Algernon Moncrieff, is of moderate means and has also created an imaginary character, Bunbury. This movie does also have a remake, if you are not interested in the old version as well. If this first part doesn't make sense then I'm sorry. This movie is all about false identities and false love. You definitely want to get to know

someone better, this movie is not the best example for dating. This is a romance and a bit of a comedy. Weird fact but my name actually comes from this as I am called Cecily, a little weird fact for you. This movie is definitely a compelling story, the fashion and settings in this movie are also super creative. We also have a remake for this movie as well, just like the last movie remake is not as special as the original. Both these movies have remakes, though I will say they are not very good. So trust me on this that the original is way better and they are both a great delight to watch.

Hope you guys enjoyed it. I have different ideas for next time, and some new themes and categories. :)!

## Tech Emily Dean, Year 7 Melbourne Girls College

### Tech

Tech, it can go bad,  
Makes you really, really mad!  
No Wi-Fi, can make you crazy,  
Nothing clear all seems hazy.  
A world without tech, could you cope?

Ask any teenager they'll say nope!

iPhone iPad screens all touch,  
Never seems to be too much.  
No one satisfied even when,  
Devices per house climb eight nine ten!

It seems we all rely on tech  
Without it we would hit the deck

For just a day try go without,  
You wouldn't last, you'd scream and shout.

A tech free world we'll never see

And personally that's fine by me

## The Reviews

### By Noah Pappas

Now, we all have been taking this lockdown period to undertake various activities. Whether it was video games, cleaning your room, or catching up on homework we have all tried to use our time to the best of our ability. As the days carry on though, we are slowly becoming more and more bored finding fewer exciting things to do. Well, here are some great movies and shows you can view in an attempt to cure your boredom:

#### - Arrested Development

This sitcom follows the Bluth family, once a prominent name in the business, that loses everything after the head patriarch gets convicted for fraud and "light treason". Now Michael, the only sane one in the family, must maintain peace at home from a distressed mother to his son and niece going through adolescence to his brothers' shenanigans. This is a great dysfunctional family type show with an exceptional cast including Jason Bateman, Will Arnett, Jeffrey Tambor and even Michael Cera. There is no need to worry if you run out of content as there are 65+ episodes of hilarious and clever jokes to keep you laughing through the week.

#### -House of Cards

Not one for a cheery sit-com? How about a political thriller? The show House of Cards follows Frank J. Underwood, played by Kevin Spacey, who is a power-hungry Democrat politician who helps President Garrett Walker get elected in return for the position as Secretary of State. Unfortunately, this fails, and Underwood spitefully plots an elaborate plan behind the President's back to climb up the ranks of the White House. This show also looks at his wife, Claire Underwood, played by Robin Wright, who also aims to gain a reach of influence. It is certainly shown that this power

couple will crush whoever stands in their way as they concoct and scheme together. This show is thrilling, contains impactful scenes with enticing dialogue and Frank Underwood, although a cunning and wicked character is continually charming and splendid to watch in action.

#### - Forrest Gump

How about we change things up with a tear-jerking movie? This film follows Forrest, played by Tom Hanks, a man with low IQ, who recounts the early years of his life when he found himself in the middle of key historical US events. All he wants now is to be reunited with his childhood sweetheart, Jenny. From inspiring Elvis Presley with his dance moves to the uncovering of Watergate, Forrest Gump always seems to get involved without ever realising. However, the main story of this film is simply him trying to be together with Jenny, played by Robin Wright, who they have known since childhood. Will these two individuals meet once more? Will Forrest make a living for himself during this absurd period of US history? You will have to watch this astonishing film to find out.

Well there you are everyone. Some great shows and movies to view for a first, second or even third time. There is always a media piece you can enjoy if you maintain an open mind. Remember to stay safe and have fun!

## HOW TO JOIN THE YOUTHINK TEAM

The YOUTHINK team is evergrowing and we would love for you to join us.

### To get your school involved

email or DM us on instagram and we will be sure to get you in on the fun!!

### To submit content

email PDF file to us or share a google document with us. We ask that you attach any images separately. Please be sure to keep the audience in mind.

We ask that you inform us of your interest to write by the 19th of each month and send us your content by the 25th.

We really hope you enjoyed this. All feedback is welcome.

## OUR DETAILS

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